

# IBeasyy

March'24  
52nd issue





# CHIEF EDITORS

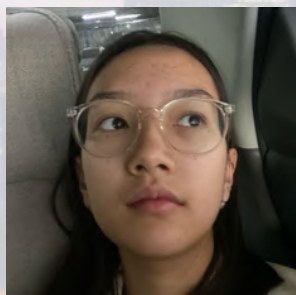


Aray  
Kamaliyeva

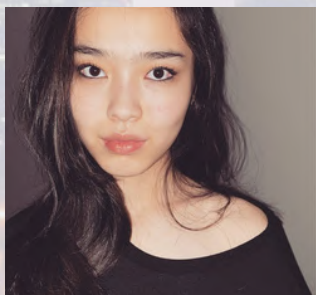


Inkar  
Rakhimzhanova

# STAFF WRITERS



Aru Lesbek



Dinara Abdesh



Balym Ablakhat



Yerkezhan Alpysbay



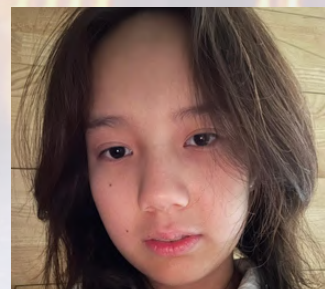
Malika Nugiyeva



Dariya Nazarbekova



Danial Arystan



Diana Baizhanova



Alina Sandalova



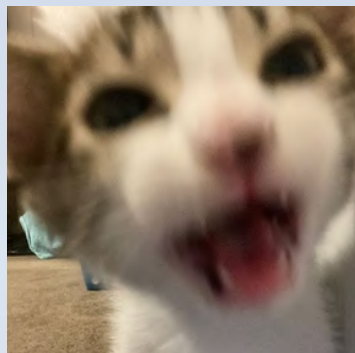
# DESIGNERS



Tomiris Murat



Anel Mussina



Saida Kanatkyzy



Ayaulym  
Abdrakhmanova



Samira Ramazan



Diana Baizhanova



Barno Madaliyeva



Saniya  
Mukhamedzhankyzy



Sultan Saparov

# ILLUSTRATOR



Alua Olzhaskyzy



# Сіз “Наурыздың” дүниежүзінде қалай тойланатынын білесіз бе?

Алдымызда әрбір қазақ баласы асыға күтіп жүрген өз-Наурыз мейрамы да жақындап келеді. Барлығымыз қазақ халқының “жаңа-жылының” қалайша тойланатынын әлбетте білеміз. Бірақ бұл мейрам тек қана қазақ халқында ғана емес, сонымен қатар Әзірбайжан, Өзбекстан, Түрікменстан және тағы сол сияқты түркітілдес, бауырлас халықтардың бізбен бірге тойлайтынын білесіз бе?



## Әзірбайжан

Әзірбайжан елі де бұл мерекені дүркіретіп тойлауды қалт жібермейді. Әзірбайжан ұлты бұл мейрамды ыстық ықыласпен қарсы алып, бір-бірлеріне жылы сөздер, тілектер, бақыт пен береке тілейді. Дәстүр бойынша олар от жағып, осы “тонғал” алауының үстінен 7 рет секіріп өтеді екен. Әзірбайжан елінің бұл күнгі ерекше дастарханының

басты тағамдарының бірі – шекербұра. Бұл қамырдан жасалатын ай пішіндес тәтті тағам. Бұл тағамның үстіндегі бидайдың өрнегі күннің символы деп есептелінеді. Сонымен қатар, Әзірбайжан елі “егер мейрам кезінде жауын жауатын болса, алдағы жыл тек молшылық пен табыс әкеледі” деп сенеді екен.



## Түркия

Түркия елінің аңызы бойынша Наурыз мейрамы қоршаудан құтылған күн ретінде тойланады. Нақтылай айтқанда, түрік халқы бұл күні таулармен қоршалған территориядан шыққан күн болып саналады екен. Сол себепті “Наурыз” сөзі жаңа күн, жаңа бастама деген мағына білдіреді. Мейрамды Түркия елдерінде саяси тұрғыдан көп уақыт бойы тойлауға тыйым салынған болатын. Түріктер бұл күні ұлттық билері “Халай” биін билеп, алау жағып, одан секіреді.

Дефне ағашының жапырақтары мен бұтақтарын “жаман рухтан тазаланамыз” деген сеніммен жағады екен. Бұл күні таңертеңнен бастап түріктер қайтыс болған ата-бабаларының зиратына барып, дұға оқып, Құдайдан кешірім сұрайды екен. Себебі осы күн олардың жаңа тарауларының бастамасы және әрбір адамның тағдыры анықталатын күн деп саналады екен.

## Қырғызстан

Қырғызстан елі Наурыз мерекесінде сүмелек тағамын жасайды екен. Сүмелек тағамы бидай ұны, май және қанттан жасалады. Бұл тағам “сү” және “мелек [ періште]” сөздерінен құралған. Адамдар қарыздарынан құтылып, бір-бірімен татуласады. Егер осы мейрамда нәресте дүниеге келсе, оның атын “Нооруз” деп қояды екен.

## Түрікменстан

Түрікменстан елінің Наурыз мейрамын тойлауында бір ерекшелік бар. Наурыз мейрамы бұл елде әйелдер қауымының құрметіне атап өтілетін мерекемен тұспа-тұс сай келеді екен. Бұл мейрам қоғамда әйелдің орнын бағалауды және құрметтеуді насихаттау мақсатында тойланады. Соған орай, барлық тағамдарды ұлттық киім киген ер адамдардың қолымен даярланады.





## Тәжікстан

Тәжікстан халқы Наурыз мейрамын аса құрметпен қарсы алады. Мереке күндері бір-бірлерімен «Наврузотан Пируз бод!» немесе «Навруз муборак бод!» [Наурыз құтты болсын!] деп амандасады. Басқа да түркітілдес қалықтар секілді бұл мереке тәжіктерде де отпен байланысты екен. От тазару, аластаумен байланысты болғандықтан, барлық отбасы алау жағады. Бұл елдің дастарханында мейрам күні үстел үстінен 7 түрлі “с” әрпіне басталатын

тағам табуға болады: суманак пен сипанд, сирке мен сэмени, сабзи және т.б. Үстел үстінде осы тағамдардан басқа айна, балауыз және боялған жұмыртқаларды кездестіруге болады. Осы аталғандардың барлығы белгілі-бір мағынаға ие: балауыз – адамды зұлым рухтан құтқаратын алау, ал жұмыртқа мен айна ескі жылдың аяқталуын білдіреді және Жаңа жылдың бірінші күнінің басталуын сипаттайды.



Өздеріңіз көріп отырғандай, “әз-Наурыз” тек қана Қазақстанда ғана емес, сонымен қатар Орта Азиядағы түркітілдес бауырлас халықтарында да ерекше тойланып, жаңа дәстүрлер мен дастарханға толы екен. Алайда, бәрімізді біріктіретін бұл мейрамның басты мағынасы “жаңа бастама”, “жаңа жыл” мен “жаңа күн” болып саналады. Барлығымызда бұл күн молшылық пен береке, тазалық пен несібеге толы күн ретінде атап өтіледі.

Наурыз мейрамы құтты болсын!

**Writer: Sandalova Alina**  
**Designer: Saparov Sultan**



# UPCOMING SUMMER SPORTS

The first month of the long-awaited spring has arrived. In less than three months, Summer will come, and this means that the time will come for one of the most grandiose events in the world of big sports, held only once every four years and occupying all 3 months of Summer. In anticipation of them, we want to introduce you more closely to these sporting events and in what order to follow them this summer in order to make it even more diverse.





# EURO 2024

A real holiday awaits all fans of not only football but also sporting events this summer between June and July. Namely, the **2024 European Football Championship** will be held, the 17th edition of the European Football Championship, a football tournament held every four years.

The Union of European Football Associations since 1960 in the cycles between the World Championships among national teams belonging to UEFA. The football extravaganza in Germany starts on **June 14, 2024**, in Munich and ends on July 14 in Berlin. Thus, the opening match of the European Football Championship will be held on June 14, 2024, in front of 67 thousand fans at the home stadium of the Bayern football club in Munich. The final, in turn, will take place on **July 14** at the Olympic Stadium in Berlin, the capital of Germany. At the moment it is designed for 70 thousand people.

## ***But in which cities will Euro 2024 matches be held?***

In total, 10 cities in 7 of the 16 federal states of Germany were chosen to host the tournament. In addition to the arenas of Munich (Allianz Arena, 67 thousand seats in the stadium) and Berlin (Olympiastadion, 70 thousand), these are the arenas of the cities: Cologne (Rhein Energy Stadion, 47 thousand), Dortmund (Signal Iduna Park, 66 thousand), Dusseldorf (Merkur Spire Arena, 47 thousand), Frankfurt am Main (Deutsche Bank Park, 48 thousand), Gelsenkirchen (Veltins Arena, 50 thousand), Hamburg (Volksparkstadion, 50 thousand) Leipzig (Red Bull Arena, 42 thousand) and Stuttgart (MHP Arena, 54 thousand). As they say, the country's total costs for hosting the tournament will **not exceed €1 billion**, making the German European Championship one of the most economical, since for the first time in preparation for the tournament the host country did not build or rebuild a single stadium. Overall, 24 teams will play in the group stage of the tournament. 20 of the 24 participating teams qualified for the European Championship thanks to their success in the qualifying tournament. **Three more teams** will qualify for the 12-team playoff stage from March 21 to 26, 2024. The draw for the groups of the final tournament in Germany took place at the Elbphilharmonie in Hamburg. Let us remind you that the **Kazakhstan national team** was unable to qualify for Euro 2024 through the qualifying tournament and will compete for a place in Group C. The semi-final match of the Nations League playoffs against the Greek national team will take place on the night of March 21-22 in Athens (Greece), where if they win, the Kazakhstan team will fight with the winner of the Georgia-Luxembourg pair on **March 26** for access to the main stage of Euro 2024.

# SUMMER OLYMPIC GAMES

As for the rest of the summer, that is, the end of July-August, it is expected to be no less emotional and exciting. Thus, from **July 26 to August 11**, the 2024 Summer Olympic Games will be held in the French capital. And The Paralympic Games take place from **28 August to 8 September 2024**. This is the 33rd Summer Olympics. The spectacle that takes place these weeks will go down in history, and Paris will become the center of the world - the world of sports and much more. The Games are a popular multicultural festival, a celebration that can be shared with the rest of the world. They represent a new adventure that will take France on an experience unlike anything it has seen.

However, even though the capital of the Summer Olympics in 2024 is Paris, Versailles will also host part of the competition. In addition, matches of the **football tournament** will be held, in addition to Paris, in other cities - Marseille, Lyon, Nice, Bordeaux, Saint-Etienne and Nantes. Sailing competitions will be held in Marseille. The city of Vers-sur-Marne will host rowing tournaments. Olympic surfing competitions will take place in French Polynesia, on the island of Tahiti. **100 years have passed since the last Olympic Games** were held in France; before that, the games were held here in 1924. Teams from 206 national Olympic committees will take part.

This grandiose sports festival will be remembered not only for its stormy pursuit of medals by athletes: the organizers also promise an unusual opening ceremony. Instead of the traditional opening of the Olympics at the main stadium of the Games, the ceremony will take place on the **streets of Paris** and the embankments of the Seine, and the Olympic flame will be lit on the Eiffel Tower itself.





# SUMMER OLYMPIC GAMES

An important component of any Olympic Games is their slogan, as well as mascots, which allow you to remember the concept of these particular Olympic Games. Thus, **"fridges" - small Phrygian caps** - will act as mascots. They serve as a powerful symbol of freedom, inclusivity, and the ability of people to stand up for big and smart causes. As for the slogan, it looks like this: "Wide Open Games." The slogan implies parity between the sexes (5,250 male and female athletes) and openness to new sports. Thus, new sports appeared on the competition schedule: in Paris, **rock climbing, surfing, skateboarding and breakdancing** were added to the already traditional program. According to the organizers, new "more youthful" sports should attract the attention of the younger generation to the Olympics.

In total, athletes in Paris will compete for 329 sets of awards in 32 sports. 28 disciplines are considered core, and four more are added as additional ones.

It is worth noting the strange fact that at these Olympic Games, the medals themselves will be unusual - straight from particles of the Eiffel Tower. Each of the medals is decorated with original fragments of the tower. The metal was collected during operation and repair work. This decision was made to connect the most prestigious site of the games with an iconic cultural monument.

Our Kazakhstan team is also aimed at fighting for the highest standards of awards, because the performance at the last Summer Olympic Games 2020, held in Tokyo in 2021 due to the pandemic, turned out to be worthy for the domestic team: Kazakh athletes won eight bronze medals in such disciplines as weightlifting, athletics, wrestling, boxing, freestyle wrestling, judo and karate. At the moment, the full list of athletes who will represent Kazakhstan at the Summer Olympic Games in Paris has not yet been approved, however, according to the latest data, Kazakh athletes have received 19 licenses in 8 sports. But this is not the final figure. About 70 more competitions await Kazakhstani athletes, which will increase the number of trips. Only one thing is clear: domestic teams are faced with the task of obtaining at least 90 licenses in 20-25 sports.



# Single stories in the contemporary world

Single stories can be defined as an overly simplistic and generalized perception of a person, place, or thing. Single stories lead to misunderstandings and overlook the complexity and diversity in the world. Which makes it even worse, single stories are so difficult to identify. They usually feel as an objective point of view, while actually they completely skew the perception of things.



You might think that single stories are stereotypes, however there is a difference between them: while stereotypes might be false beliefs, single stories are true facts, which show only one-side of the situation. And sometimes, stereotypes arise from single stories.

Still, both of them are dangerous to a high extent because everyone contributes to them: we are creators and victims of single stories every day of our lives.

There are a lot of single stories throughout world history. Let's take a look at some of them and investigate their effect on social issues.



***We still don't know anything about the world around us.***

Despite the progress of technologies and increased availability of information, other countries, continents and nations still live in a foggy forest, unavailable for us.

Cultures, different from ours, are surrounded by stereotypes and single stories but we have no urge to challenge them.



Did you know that people believe that people in Kazakhstan follow a nomadic lifestyle? Here is a quote from one travel agency website Crooked Compass:

***“Kazakhs traditionally followed a nomadic lifestyle, always on the move. Living in traditional dwellings called yurts and travelling by horseback, the Kazakhs roamed the country and still do to this day. While there are plenty of modern influences, many people still live this nomadic lifestyle. Ultimately, it’s a testament to the resilience of the Kazakh people to survive in often harsh conditions and climates and their desire to hold onto their traditional way of life.”***



However, I do not blame the author of this website, because apparently I do not know a lot about other countries as well, and I potentially could be an author of such a quote.

For example, what do I know about Africa or South America? These continents do not often appear in the news I am exposed to and all I know about them is not about their progress or achievements or anything positive overall. I think some people believe that there is nothing good about these continents, which is completely false and unjustified, and paradoxal.

You see, Kazakhs are victims of a single story and we contribute to the creation of others.

It is understandable that countries have different economic situations, based on which we create an image of them. However, is it logical to assume everything else from a tiny-tiny portion you’ve seen? Obviously, no.

We should not believe everything we’re told and we definitely should be more open-minded and eager to see the whole picture, not just part of it. And if you have no desire to know more about other people, then the least you can do is decide not to put them in the frame of stereotypes you’ve heard.

There are plenty of other single stories that give rise to social issues such as racism, wars, gender inequality, social inequality and this list can go on.

Overall, it is very important to recognize and challenge both single stories and stereotypes to foster understanding and empathy in society, as well as solve main social issues.

# NIS IB



# SULTANY

NIS IB Sultany is not just a competition, it is a vibrant showcase of hidden talents, intellectual abilities, and boundless creativity that provides a platform for the boys of our school to shine. Initiated by the Student Council, this eagerly anticipated event invited students from grades 7-12 to step into the spotlight and unveil their prowess.

# 2024



# THE CONTEST UNFOLDS IN TWO CAPTIVATING STAGES:

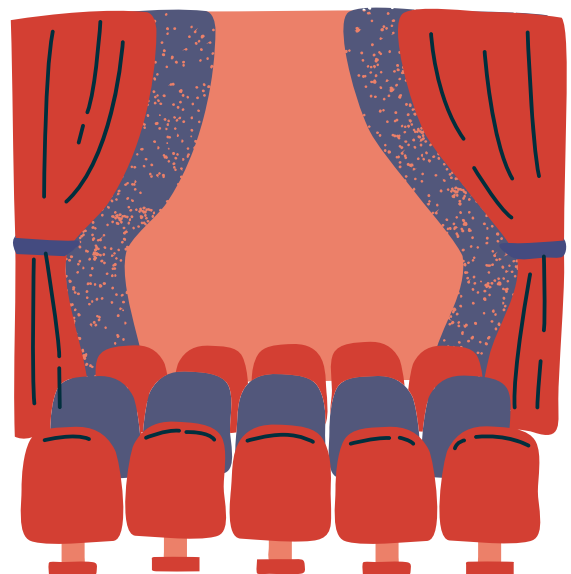
FIRST, PARTICIPANTS RECORD A SHORT VIDEO INTRODUCING THEMSELVES, THEREBY CONVINCING PEOPLE TO VOTE FOR THEM.



THOSE WHO GATHERED THE MOST VOTES FROM THE SCHOOL COMMUNITY CAN PASS TO THE SECOND STAGE OF THE CONTEST, WHERE THEY WILL HAVE A CHANCE TO IMPRESS THE AUDIENCE WITH THEIR UNIQUE TALENTS AND UNWAVERING CONFIDENCE.

The air was filled with anticipation in the assembly hall, when Manarbay Abylay, Bukanov Alnur, Shakirt Ali and Akhmetov Rustem lit up the stage in the second phase of the contest. The second phase of the competition consisted of four parts: a performance by each participant and games for testing intellectual abilities, memory skills and agility.

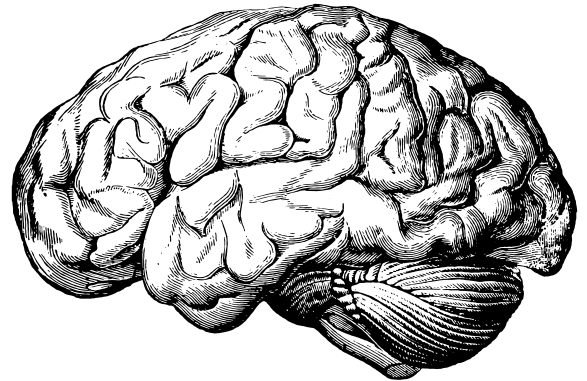
Each game was meticulously designed to unravel participants' multifaceted abilities, from performances showing their artistry to intellectual challenges that put their knowledge to the test. The assembly hall brimmed with excitement, as viewers were actively cheering their favorites, their voices echoed with support and posters waved proudly in the air.



# INTELLECTUAL SHOWDOWN

In the first part, participants take on an intellectual showdown, tackling questions in various categories such as History of Kazakhstan, Kazakh language, logic, sports and general knowledge. Despite some tricky questions, the participants' were able to navigate the challenges in order to become a step closer to victory. The feature of this game is that participants answering right moved forward one step, and the one who reached the finish line first earned the most points.

1



## MEMORY TEST



2

Next up is a test of memory, as participants were provided with cartoon-style images that flashed on the screen. Their task was to memorize as many details as possible. With only a minute to remember everything, each participant showcased good recall abilities that left the audience in amazement.

Finally, the spotlight turned to physical prowess, with a game inspired by national sport named “assyk”. Participants were able to demonstrate their agility and coordination, as their task was to throw one assyk in the air and during that time take another one, catching the previous assyk that they had thrown up. Thus, they had to collect as much as possible, which was the testament of their dexterity and determination.

3

## PHYSICAL PROWESS



By the end of the contest, the assembly hall was filled with applause and each of the participants was crowned with titles that were suitable to their remarkable abilities. Akhmetov Rustem earned the esteemed title of **“Mister Erudition”**, Bukanov Alnur hailed as **“Mister Talent”** and Manarbay Abylay charmed his way to the title **“Mister Charm”**. Finally, **Shakirt Ali** was awarded the most prestigious title **“NIS IB sultany 2024”**.

NIS IB Sultany is more than just a competition that showcases talents, it is a celebration of unique abilities that make each individual shine. And in the end, it is not about winning or losing, but about the journey of self-discovery and growth that unites all participants in the pursuit of excellence.



# ҚАЗАҚСТАН БІРЫҢҒАЙ УАҚЫТҚА АУЫСУЫ СЕБЕП

29-ақпаннан 1-наурызға қараған түні Қазақстанның көп бөлігі сағат тілдерін бір сағатқа артқа аударды. Осыдан кейін бүкіл Қазақстан UTC+5 бір уақыт белдеуінде болады. 1 наурызға дейін ел екі уақыт белдеуінде болды: UTC+5 және UTC+6. Оған қоса, XX ғасырда ел төрт уақыт белдеуіне бөлінген уақыт болды, ал 2000 жылы екі белдеу орнатылды. Біз жаңа уақытқа көшу қалай болатыны, кімге әсер ететіні және нені естеру керектігі туралы сөйлесеміз.

# Сағатты кім аударды?

Астана  
Алматы  
Шымкент  
Ақмола облысы  
Алматы облысы  
Жамбыл облысы  
Қарағанды облысы  
Қостанай облысы  
Павлодар облысы  
Солтүстік Қазақстан  
облысы  
Түркістан облысы  
Шығыс Қазақстан  
облысы  
Абай облысы  
Жетісу облысы  
Ұлытау облысы

# Сағат аударылмады:

Ақтөбе облысы  
Атырау облысы  
Батыс Қазақстан  
облысы  
Қызылорда облысы  
Маңғыстау облысы

Егер сіз әлі құрылғыларыңыздағы уақытты әлі жаңартып үлгермесеңіз және қолайсыз жағдайға тап болып қалған болсаңыз, мына нұсқаулықты қолдануға кеңес береміз:

## Телефондағы уақытты қалай жаңартуға болады?

Егер сізде телефон интернетке қосылған болса және уақытты автоматты түрде анықтау қосулы болса, онда уақыт автоматты түрде өзгертін еді және сізге ештеңе істеудің қажеті болмайтын еді. Сонымен бірге, кейбір ұялы байланыс операторлары өз абоненттеріне "кейбір мобильді қызметтердің жұмысы тоқталуы мүмкін" деп ескерткен болатын.



# Егер телефон интернетке қосылмаған болса, онда Android-те/iOS-та:

1. Параметрлер > Жүйе > күн мен уақытты ашыңыз. 2. Автоматты күн мен уақытты анықтауды және автоматты уақыт белдеуін қосыңыз. 3. Егер автоматты орнату жұмыс істемесе, осы опцияларды өшіріп, күнді, уақытты және уақыт белдеуін қолмен орнатыңыз.

IOS-та (iPhone және iPad) 1. Параметрлер > Жалпы > күн мен уақытқа өтіңіз. 2. Күн мен уақытты орнату опциясы үшін автоматты түрде қосыңыз. 3. Қажет болса, бұл опцияны өшіріп, дұрыс уақыт пен күнді қолмен орнатыңыз.



Компьютеріңізде уақыт өзгерілмегеннің кесірінен дедлайныңызды өткізіп алып, түсініксіз жағдайға болған болсаңыз, біз сізді түсінеміз.

Көптеген мектеп оқушылары осы мәселенің кесірінен түсінбеушілікте болды, компьютерлерде уақытты қалай жаңартуға болатынын ұғындырамыз:

# Компьютердегі уақытты қалай жаңартуға болады?



Windows 1. Басқару тақтасы > сағат және аймақ > күн мен уақытты ашыңыз. 2. Интернеттегі уақыт қойындысына өтіп, параметрлерді өзгерту түймесін басыңыз. 3. Интернет уақытымен "синхрондау" опциясы іске қосылғанына көз жеткізіп, "қазір жаңарту" түймесін басыңыз. 4. Егер автоматты жаңарту жұмыс істемесе, күн мен уақыт қойындысына өтіп, күн мен уақытты өзгерту түймесін басып, дұрыс уақытты қолмен орнатыңыз.

MacOS 1-де. Жүйе параметрлері > күн мен уақытты ашыңыз. 2. Күн мен уақытты автоматты түрде реттеу опциясы таңдалғанына көз жеткізіңіз. 3. Егер қолмен орнату қажет болса, осы опцияны алып тастаңыз және қажетті өзгертулерді қолмен жасаңыз.



# Уақыт аудармасы не үшін қажет?

Қазақстанның біртұтас уақыт белдеуіне көшуінің бастамашысы Василий Фесенков атындағы Астрофизикалық институт болғаны белгілі, онда Қазақстанның басым бөлігі өзінің табиғи уақытынан тыс өмір сүріп жатқандығы айтылды. Денсаулық сақтау министрлігі қазақстандықтардың ұйқы сапасы уақыт ауыстырғаннан кейін жақсарады деп уәде берді, өйткені биологиялық сағат ақыры ұйқы мен оянуудың дұрыс режиміне енеді.

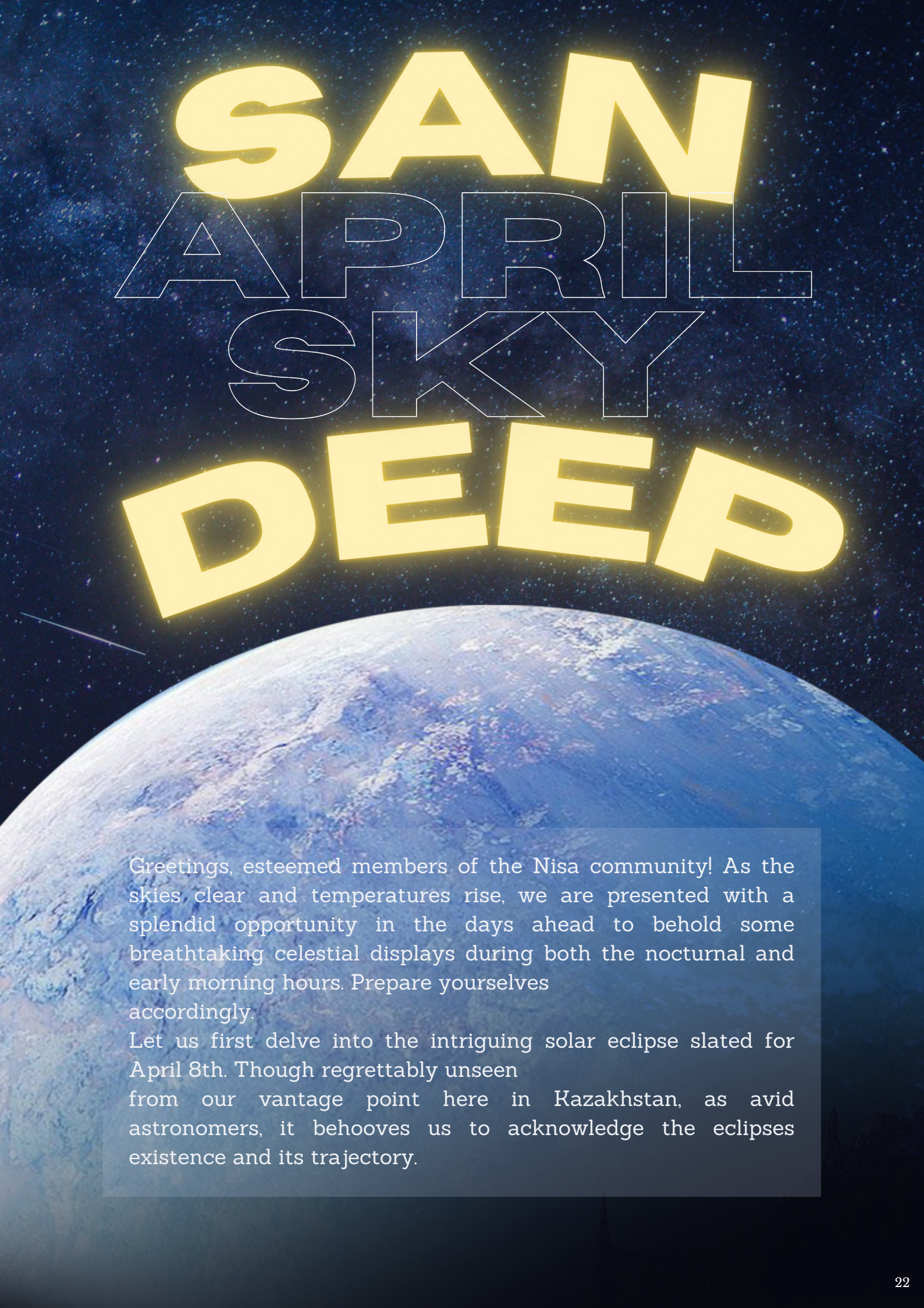


"Уақытты белгілеудің негізгі бағыты-түстен кейін. Тәуліктің ресми 12 сағаты астрономиялық түстен бір сағаттан артық ерекшеленбеуі керек. Еліміз UTC+5 белбеуіне ауысқаннан кейін Астана да, Алматы да, тіпті Өскемен де осы түстен кейін қолға түседі. Айталық, шығыста бізде 12.30 болады. Бірақ бұл айырмашылық, негізінен, жыл бойына астрономиялық тербелістермен теңестіріледі", - деді Қазақстандық БАҚ Астрофизика Институтының жұлдыздар мен тұмандықтар физикасы зертханасының меңгерушісі Любовь Шестакова. Оның айтуынша, "елдің көп бөлігі өз уақытына орала алатын тарихи сәт" келеді, бұл көлік пен жоспарлау үшін ыңғайлы болады, сонымен қатар басқа елдермен байланысқа жағымды әсер етеді.



Сағат аударылған кезде Қазақстан Еуропаға бір сағатқа және Қытайдан бір сағатқа жақын болады, айтпақшы, бір уақыт белдеуі жұмыс істейді. Бұл ретте ертерек қараңғыланатын болады, бұл көптеген өңірлер мен қалалар үшін маңызды, мысалы, сағат ауысқанға дейін ерте қараңғыланатын Алматы үшін. Шығыс Қазақстан облысында және тіпті қыста ең ерте күн батуы сағат 15.20-да, ал таң 03.15-те болады.





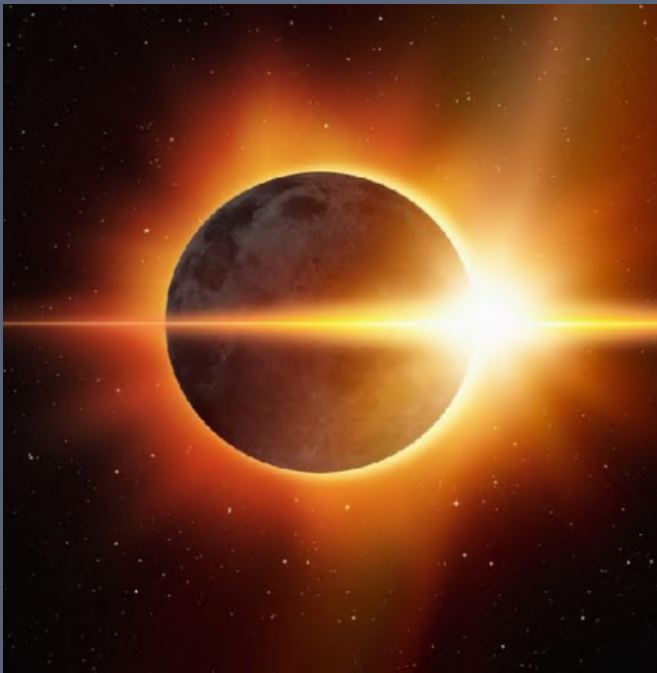
# SAN APRIL SKYY DEEP

Greetings, esteemed members of the Nisa community! As the skies clear and temperatures rise, we are presented with a splendid opportunity in the days ahead to behold some breathtaking celestial displays during both the nocturnal and early morning hours. Prepare yourselves accordingly.

Let us first delve into the intriguing solar eclipse slated for April 8th. Though regrettably unseen from our vantage point here in Kazakhstan, as avid astronomers, it behooves us to acknowledge the eclipses existence and its trajectory.



# SAN DEEP: APRIL SKY



The forthcoming solar eclipse on April 8th will predominantly grace the skies of various cities across the United States. Should you, your acquaintances, or loved ones find themselves in one of these locales, do apprise them of this rare occurrence and encourage them to revel in its splendor. For those of us residing in Kazakhstan, fret not, as we can partake in the event virtually through the NASA website, where the eclipse will be broadcasted. I, for one, am eagerly anticipating this experience.

For further details, kindly refer to the following link: [Almanac - Total Solar Eclipse 2024] (<https://www.almanac.com/total-solar-eclipse-2024-path-totality-across-americas>), where you can peruse intriguing facts about this total solar eclipse spanning the breadth of the Americas.





## SAN DEEP: APRIL SKY

On April 6, the waning crescent Moon forms a beautiful triangle with Saturn and Mars, low in the eastern sky early in the morning (above 30 minutes before sunrise). Saturn appears just two degrees above the thin crescent Moon as a faint, yellow “star.” Mars appears to the upper right as a coppery-hued “star.”



Then, the next morning, April 7, the thin crescent Moon stands to the right of Venus at 6:15 A.M. You'll need an unobscured view of the eastern horizon to be able to see this beautiful pairing.

On April 10, see yellowish Saturn and coppery Mars pair meet up, about 30 minutes before sunrise above the eastern horizon. In the evening, that bright “star” near the waxing crescent Moon is Jupiter!







# EMOTIONAL INTELLIGENCE

1. This is a person's ability to correctly understand their own thoughts and emotions, as well as control and use them as a tool for building relationships, improving communication skills, resolving all kinds of conflicts, and so on.

2. The sum of a person's skills and abilities to recognize emotions and understand the intentions, motivations and desires of other people.

3. Refers to soft skills.

## Important facts

- 67% of leadership abilities come from emotional intelligence (Goleman study)
- 85% of our financial success comes from emotional intelligence, leadership and communication skills.
- Soft human skills, closely related to emotional intelligence, are the most important skills of the present and future.
- Only 15% depend on technical knowledge. (Carnegie Institution Research)
- Soft human skills, closely related to emotional intelligence, are the most important skills of the present and future.

## EQ VS. IQ

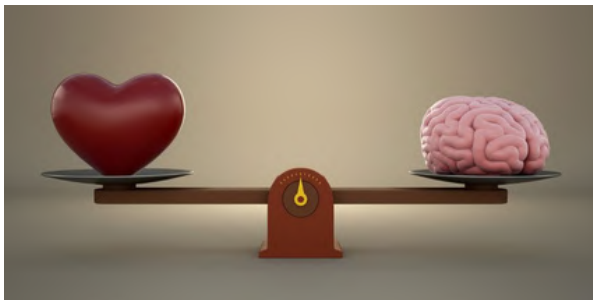
- IQ is determined genetically, EQ can be developed throughout your life
- EQ is more difficult to assess
- Moreover, if EQ is not developed, a person will not have a high IQ.

## WHAT DOES THE THEORY SAY?

The theory of emotional intelligence received serious scientific development in the 90s of the 20th century in the works of D. Caruso, P. Salovey, J. Mayer - American scientists

They divided emotional intelligence into 4 components

- 1) the ability to identify one's own and other people's emotions, to find the differences between them
- 2) the ability to use the full potential of emotions to solve specific problems
- 3) the ability to be aware of every emotion and understand how it the ability
- 4) to control and manage your emotions arises



### Soft skills

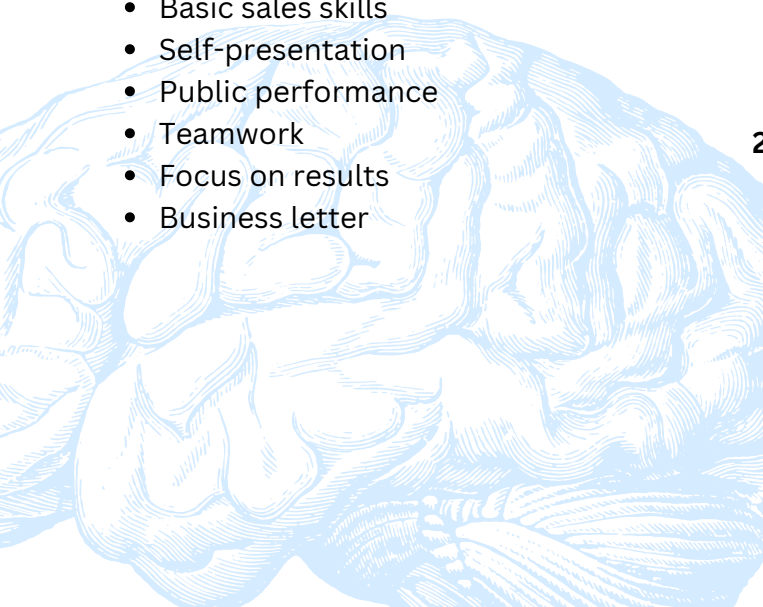
- 1) Basic communication skills that help you develop relationships with people.
- 2) Self-management skills: help to effectively control your condition, time, processes.
- 3) Effective thinking skills: managing processes in the head that help make life and work more systematic.
- 4) Management skills

### 1. Communication

- Listening skills
- Persuasion and argumentation
- Networking: building and maintaining business relationships
- Negotiation
- Producing a presentation
- Basic sales skills
- Self-presentation
- Public performance
- Teamwork
- Focus on results
- Business letter

### 2. Self-management skills

- Emotion management
- Stress management
- Managing your own development
- Planning and goal setting
- Time management
- Energy / enthusiasm / initiative / persistence
- Reflection
- Use of feedback







### 3. Thinking

- Systems thinking
- Creative thinking
- Structural thinking
- Logical thinking
- Search and analysis of information
- Development and decision making
- Design thinking
- Tactical and strategic thinking (for managers)

### 4. Management skills

#### -AWARENESS MYSELF

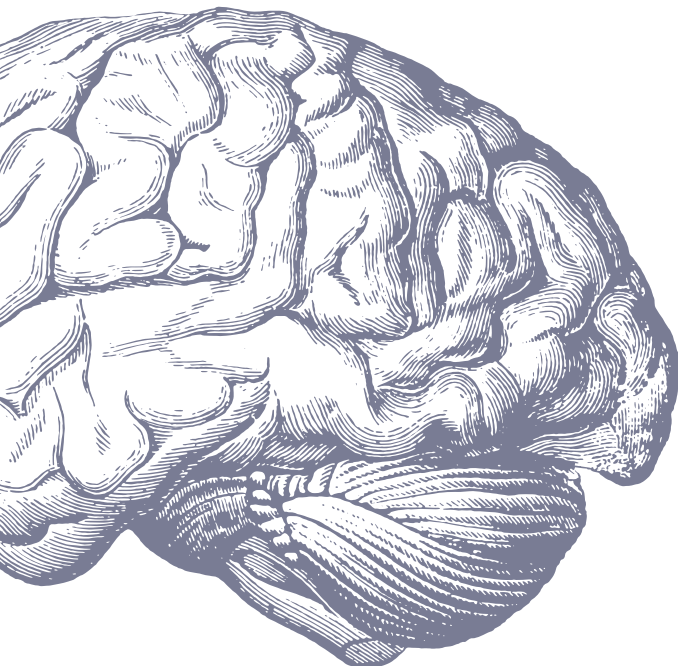
-Feeling euphoria or depression, causeless anxiety or very specific concern, a person with high EQ understands what is happening to him and what it is called

-He is able to distinguish anxiety from anger or panic, and spontaneous tender joy from strong emotional intimacy

#### -SELF-REGULATION

-A person with a high EQ will not mistake a slight infatuation for great love, and a current intense desire - for the main goal of life

-Based on emotions, he will make long-term plans, where mood swings or new events in life in general will not greatly change the vector of his development



#### For example:

1. Do not continue a fruitless argument when everything the parties to the conflict are on edge.
2. Don't be afraid to admit to yourself the unsightly feelings and take responsibility for them.
3. Do not do good to others without their request

#### -TAKE RESPONSIBILITY

High EQ affects the fact that we take responsibility for our lives and the final result of all work and personal relationships and do not look for those to blame:

1. Instead of shifting blame to others, people with high EQ tend to ask themselves at what point the misunderstanding worsened, what exactly they could have done better - and use this knowledge in the next similar situation.
2. Results are assessed by efforts and one's own actions, and not by analyzing the mistakes of others

#### THE MAIN IDEA:

A person with developed emotional intelligence reacts to reasons, not actions or emotions. This helps him to correctly perceive criticism, understand other people and respond to them with an adequate reaction.

Malika NUGIYEVA  
IBeasy staff writer

Barno MADALIYEVA  
IBeasy designer

The background is a vibrant gradient of purple, blue, and pink. It features several abstract, metallic-looking shapes: a large, crumpled sphere in the upper right, a smaller sphere in the upper left, a curved, pipe-like structure in the middle right, and a transparent cube in the lower left. The word 'MATH AI' is centered in large, white, sans-serif capital letters.

# MATH AI

ONE OF TWO MATHEMATICS  
COURSES OFFERED AS PART OF  
THE INTERNATIONAL  
BACCALAUREATE (IB) DIPLOMA  
PROGRAM

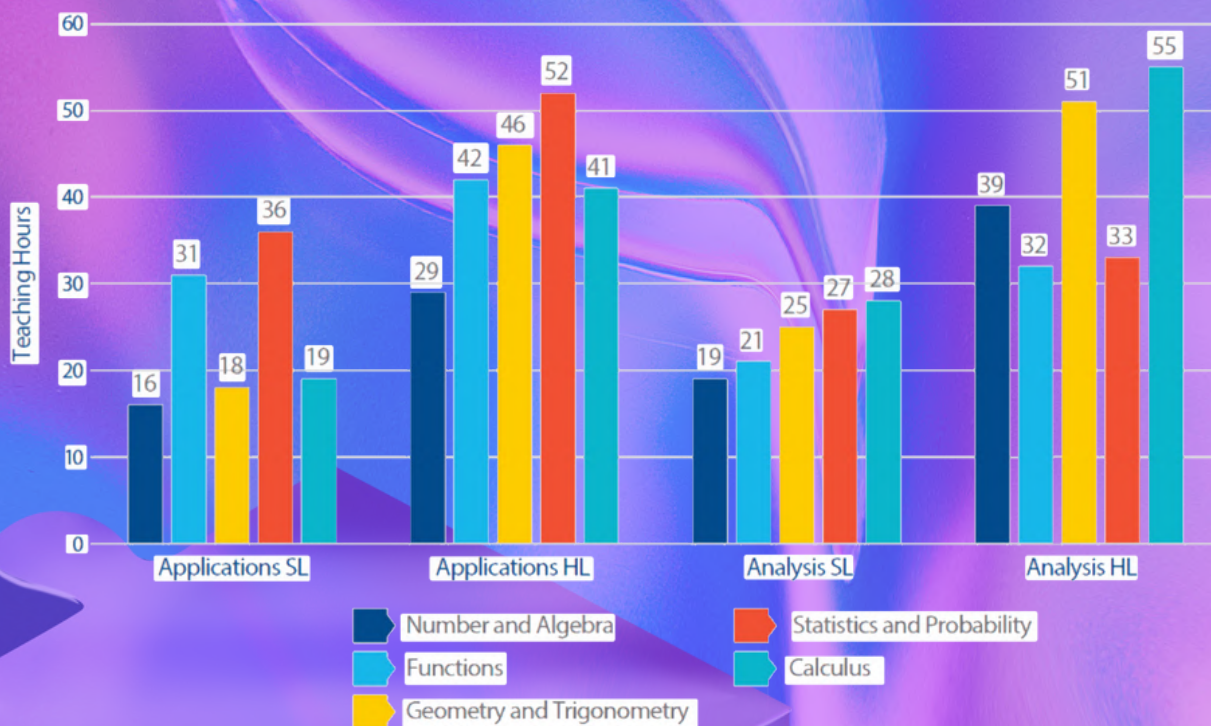
THIS COURSE IS DESIGNED FOR STUDENTS WITH A STRONG INTEREST IN APPLYING THEIR MATHEMATICAL SKILLS IN PRACTICE. FOR EXAMPLE, IT INCORPORATES REAL-LIFE SCENARIOS TO DEMONSTRATE HOW MATHEMATICAL CONCEPTS CAN BE APPLIED IN VARIOUS FIELDS SUCH AS ECONOMICS, SOCIAL SCIENCES, AND COMPUTER SCIENCE. IT FOCUSES A LOT OF ATTENTION ON DATA ANALYSIS AND HOW TO USE TECHNOLOGICAL TOOLS AND STATISTICAL METHODOLOGIES TO ORGANIZE AND INTERPRET DATA.



COMPARED WITH IB MATHS (AA), MATHS (AI) IS CONSIDERED EASIER THAN IB MATHS (AA), SINCE (AA) DEALS WITH A WIDE RANGE OF MATHEMATICAL CONCEPTS AND TECHNIQUES THAT REQUIRE A DEEP UNDERSTANDING AND APPLICATION. BUT YOU NEED TO UNDERSTAND THAT THE COMPLEXITY DEPENDS ON THE PERSONAL PREFERENCES OF THE STUDENT. IF IT IS EASIER AND MORE INTERESTING FOR HIM TO WORK WITH TASKS RELATED TO A LARGER VOLUME OF THEORY THAN TASKS FROM REAL LIFE, THEN MATH AI MIGHT BE HARDER FOR HIM THAN MATH AA. ANOTHER DIFFERENCE IS THAT IN MATHS AI STUDENTS MAY USE A CALCULATOR IN ALL THREE PAPERS, WHILE STUDENTS FROM


MATHS AA CAN NOT USE A CALCULATOR IN ONE PAPER.

WHEN CHOOSING BETWEEN TWO COURSES, IT IS IMPORTANT TO FOCUS ON YOUR FUTURE, AS THE MATH COURSE CHOSEN DURING SCHOOL CAN INFLUENCE FUTURE OPPORTUNITIES IN HIGHER EDUCATION OR CAREER. IT IS BELIEVED THAT MATH AI IS MORE SUITABLE FOR STUDENTS WHO ARE INTERESTED IN PSYCHOLOGY, SOCIAL SCIENCES OR THOSE WANT TO PURSUE BUSINESS IN THE FUTURE, WHILE MATH AA IS MORE SUITABLE FOR STUDENTS WHO WANTS TO STUDY PURE MATHEMATICS, ECONOMICS AND ENGINEERING.



REGARDING THE CONTENT OF THE TWO COURSES, ACCORDING TO THE DIAGRAM, WHICH SHOWS THE HOURS DIVIDED INTO SUBSECTIONS OF MATHEMATICS, YOU CAN SEE THAT MATH AI IS MORE FOCUSED ON STATISTICS AND PROBABILITIES AND FUNCTIONS IN BOTH SL AND HL COURSES. MATH AA IS MORE ABOUT CALCULUS, TRIGONOMETRY AND ALGEBRA.





AT THE END OF THE PROGRAM, ALL AI HL STUDENTS SIT PAPER 1, PAPER 2, PAPER 3; WHILE SL STUDENTS HAS ONLY TWO 90 MINUTE PAPERS. ALL THREE PAPERS IN HL CAN COVER THE FULL BREADTH OF THE CURRICULUM:

PAPER 1 IS A TWO-HOUR SHORT-ANSWER PAPER WITH QUESTIONS THAT USUALLY CARRY BETWEEN FIVE AND NINE POINTS.

PAPER 2 IS AN EXTENDED RESPONSE PAPER THAT IS MORE FOCUSED THAN PAPER 1'S AND LASTS FOR TWO HOURS AND HAS QUESTIONS THAT USUALLY RANGE IN SCORE FROM 14 TO 18.

PAPER 3 IS AN HOUR-LONG PAPER WITH TWO EXTENDED RESPONSE QUESTIONS THAT GO DEEPLY INTO HL SUBJECTS. PAPER 3 PLACES MORE OF AN EMPHASIS ON INQUIRY THAN EITHER PAPER 1 OR PAPER 2.


IN GENERAL, TO MAKE AN INFORMED DECISION WHEN CHOOSING BETWEEN MATH AA AND MATH AI, IT IS IMPORTANT TO CONSIDER PERSONAL QUALITIES, FUTURE ACADEMIC PURSUITS AND POTENTIAL CAREER PATHS, BECAUSE BOTH COURSES OFFER VALUABLE MATHEMATICAL SKILLS AND KNOWLEDGE.



# ПОЧЕМУ МЫ ПРАЗДНУЕМ МЕЖДУНАРОДНЫЙ ЖЕНСКИЙ ДЕНЬ?

В ЧЕМ ЖЕ СУТЬ ПРАЗДНИКА?





ДАТА 8 МАРТА В СОЗНАНИИ БОЛЬШИНСТВА ЛЮДЕЙ НЕРАЗРЫВНО СВЯЗАНА С ПРАЗДНИКОМ ВЕСНЫ И ЖЕНСТВЕННОСТИ. ОДНАКО, ДАННЫЙ ПРАЗДНИК БЫЛ И ОСТАЕТСЯ В БОЛЬШИНСТВЕ СТРАН МИРА ДНЕМ ПРАЗДНОВАНИЯ ЖЕНСКОЙ СВОБОДЫ, СОЛИДАРНОСТИ И БОРЬБЫ ЗА РАВНЫЕ ПРАВА В ОБЩЕСТВЕ. ИСТОРИЧЕСКИ У ЖЕНЩИН БЫЛО МЕНЬШЕ ПРАВ, И ЕЩЕ КАКИХ-ТО СТО ЛЕТ НАЗАД ЖЕНЩИНЫ НЕ ИМЕЛИ ВОЗМОЖНОСТИ НА САМОСТОЯТЕЛЬНЫЕ ФИНАНСЫ, НА АВТОНОМНОСТЬ ТЕЛА, ГОЛОСОВАТЬ НА ВЫБОРАХ, К ОБРАЗОВАНИЮ, К РЫНКУ ТРУДА И К ФИНАНСОВОЙ НЕЗАВИСИМОСТИ.

ЭТО И МНОГОЕ ДРУГОЕ ОЧЕНЬ СИЛЬНО БЕСПОКОИЛО ЖЕНЩИН В 18-19-ОМ ВЕКАХ, КОГДА ОНИ НАКОНЕЦ-ТАКИ СОБРАЛИСЬ И НАЧАЛИ ПРОТЕСТОВАТЬ. В КОНЦЕ 18-ГО ВЕКА ЖЕНЩИНЫ НАЧАЛИ МОБИЛИЗОВАТЬСЯ И ЕДИНИТЬСЯ В СООБЩЕСТВА ДЛЯ ТОГО, ЧТОБЫ ЛОББИРОВАТЬ СВОИ ПРАВА. ПЕРВОЕ ЗАФИКСИРОВАННОЕ МАСШТАБНОЕ ЖЕНСКОЕ МЕРОПРИЯТИЕ ПРОИЗОШЛО В 1857 ГОДУ, И ОНО НАЗЫВАЕТСЯ МАРШЕМ ПУСТЫХ КАСТРЮЛЬ. 1000 ЖЕНЩИН РАБОЧЕГО КЛАССА НЬЮ-ЙОРКА ВЫШЛИ НА МАСШТАБНЫЙ ПРОТЕСТ И БИЛИ В ПУСТЫЕ КАСТРЮЛИ, ПРИГЛАШАЯ ПОСЛУШАТЬ ТО, ЧТО ИМ ЕСТЬ СКАЗАТЬ. ТОГДА И ПОЗЖЕ ОНИ БОРОЛИСЬ ЗА УЛУЧШЕНИЕ РАБОЧИХ УСЛОВИЙ, ЗА РАВНЫЙ ДОСТУП К ПОЛИТИЧЕСКИМ СОБЫТИЯМ, ЗА ПОВЫШЕНИЕ ЗАРАБОТНОЙ ПЛАТЫ, И ДАЖЕ ПРАВО ГОЛОСОВАТЬ БЫЛО ОСНОВНОЙ ПОВЕСТКОЙ СУФРАЖИСТОК, КОТОРЫЕ ТОЖЕ ОРГАНИЗОВАЛИСЬ В НАЧАЛЕ 19-ГО ВЕКА И АКТИВНО СОЗДАВАЛИ ПЛАТФОРМЫ, МЕРОПРИЯТИЯ, МАРШИ, ПРОТЕСТЫ, ЗАБАСТОВКИ ДЛЯ ПРОДВИЖЕНИЯ ЖЕНСКИХ ПРАВ.



GIRLS JUST  
WANNA HAVE  
FUNDAMENTAL  
HUMAN RIGHTS

В 1908 ГОДУ В АМЕРИКЕ И В ЕВРОПЕ ЖЕНЩИНЫ СНОВА ВЫШЛИ НА МАССОВЫЕ ПРОТЕСТЫ И ЗАБАСТОВКИ, А В 1910 ГОДУ В КОПЕНГАГЕНЕ ПРОШЛА МЕЖДУНАРОДНАЯ КОНФЕРЕНЦИЯ ТРУДЯЩИХСЯ ЖЕНЩИН, НА КОТОРОЙ ПРИСУТСТВОВАЛИ ОКОЛО 100 ПРЕДСТАВИТЕЛЬНИЦ 17 СТРАН МИРА. ИМЕННО ТАМ, КЛАРА ЦЕТКИН ПРЕДЛОЖИЛА УСТАНОВИТЬ МЕЖДУНАРОДНЫЙ ЖЕНСКИЙ ДЕНЬ КАК СИМВОЛ БОРЬБЫ ЗА РАВЕНСТВО ЖЕНЩИН. ПРАВДА, КОНКРЕТНУЮ ДАТУ ТОГДА НЕ УСТАНОВИЛИ, И СТРАНЫ ОТМЕЧАЛИ ПРАЗДНИК В РАЗНЫЕ ДНИ МАРТА. С ТЕХ ПОР, ЭТОТ ДЕНЬ СУЩЕСТВОВАЛ ДЛЯ КОММЕМОРАЦИИ ЖЕНСКИХ ДОСТИЖЕНИЙ, И С 1910 ГОДА ЖЕНЩИНЫ КАЖДЫЙ ГОД НАЧАЛИ ПРАЗДНОВАТЬ ЖЕНСКИЙ ДЕНЬ. ОДНАКО, В МИРОВОМ СООБЩЕСТВЕ ОФИЦИАЛЬНОЕ ПРИЗНАНИЕ 8 МАРТА, КАК ДНЯ БОРЬБЫ ЗА ПРАВА ЖЕНЩИН ПРИШЛО ЛИШЬ В 1975 ГОДУ, ВСКОРЕ ПЕРЕД ПРИНЯТИЕМ ООН КОНВЕНЦИИ О ЛИКВИДАЦИИ ВСЕХ ФОРМ ДИСКРИМИНАЦИИ В ОТНОШЕНИИ ЖЕНЩИН.

НА ДАННЫЙ МОМЕНТ 189 СТРАН РАТИФИЦИРОВАЛИ КОНВЕНЦИЮ ИЛИ ПРИСОЕДИНИЛИСЬ К НЕЙ. ДЛЯ ЭТИХ ГОСУДАРСТВ ПОНЯТИЕ "ДИСКРИМИНАЦИЯ В ОТНОШЕНИИ ЖЕНЩИН" ОЗНАЧАЕТ ЛЮБОЕ ОГРАНИЧЕНИЕ, ОСНОВАННОЕ НА ПОЛОВОЙ ПРИНАДЛЕЖНОСТИ, НАПРАВЛЕННОЕ НА НАРУШЕНИЕ РАВНОПРАВИЯ МУЖЧИН И ЖЕНЩИН В ПОЛИТИЧЕСКОЙ, ЭКОНОМИЧЕСКОЙ, СОЦИАЛЬНОЙ ИЛИ ЛЮБОЙ ДРУГОЙ СФЕРЕ ЖИЗНИ.








# ДОРОГИЕ ЖЕНЩИНЫ, С ПРАЗДНИКОМ ВАС 8 МАРТА

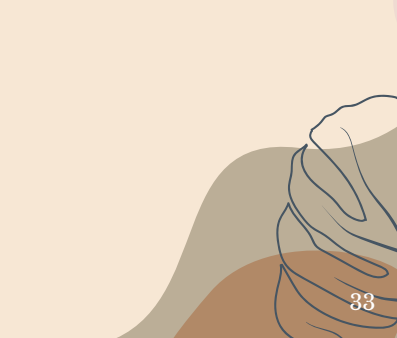
В СВОЕЙ СУТИ ЭТОТ ПРАЗДНИК НАПОМИНАЕТ НАМ О НЕОБХОДИМОСТИ ПРОДОЛЖЕНИЯ БОРЬБЫ ЗА ПРАВА ЖЕНЩИН И ДОСТИЖЕНИЯ ПОЛНОЙ РАВНОПРАВНОСТИ В ОБЩЕСТВЕ. ОН НАПОМИНАЕТ НАМ О ТОМ, КАКИЕ ТРУДНОСТИ ПРЕОДОЛЕВАЛИ ЖЕНЩИНЫ ПРОШЛОГО, И ВДОХНОВЛЯЕТ НА ПРОДОЛЖЕНИЕ БОРЬБЫ ЗА ПРАВА И СВОБОДЫ КАЖДОЙ ЖЕНЩИНЫ СЕГОДНЯ.

С ТЕЧЕНИЕМ ВРЕМЕНИ МЕЖДУНАРОДНЫЙ ЖЕНСКИЙ ДЕНЬ ПРЕВРАТИЛСЯ НЕ ТОЛЬКО В ДЕНЬ ПАМЯТИ И УВАЖЕНИЯ К ИСТОРИЧЕСКИМ ДОСТИЖЕНИЯМ ЖЕНЩИН, НО И В ДЕНЬ АКТИВНОЙ БОРЬБЫ ЗА СОВРЕМЕННЫЕ ПРОБЛЕМЫ, С КОТОРЫМИ СТАЛКИВАЮТСЯ ЖЕНЩИНЫ В РАЗЛИЧНЫХ ОБЛАСТЯХ ЖИЗНИ.

СЕГОДНЯ МЕЖДУНАРОДНЫЙ ЖЕНСКИЙ ДЕНЬ — ЭТО НЕ ТОЛЬКО ПРАЗДНИК, НО И ВОЗМОЖНОСТЬ ПОДЧЕРКНУТЬ АКТУАЛЬНОСТЬ ПРОБЛЕМ, С КОТОРЫМИ СТАЛКИВАЮТСЯ ЖЕНЩИНЫ В СОВРЕМЕННОМ ОБЩЕСТВЕ, И ПРИЗВАТЬ К ДЕЙСТВИЯМ ДЛЯ ИХ РЕШЕНИЯ. ЭТО ДЕНЬ СОЛИДАРНОСТИ, ВДОХНОВЕНИЯ И СОЗИДАНИЯ, КОГДА ЖЕНЩИНЫ СО ВСЕГО МИРА ОБЪЕДИНЯЮТСЯ, ЧТОБЫ СДЕЛАТЬ МИР БОЛЕЕ СПРАВЕДЛИВЫМ И РАВНЫМ ДЛЯ ВСЕХ, НЕЗАВИСИМО ОТ ПОЛА.



Dinara ABDESH  
IBeasy staff writer



Saida KANATKYZY  
IBeasy designer



# **GENDER BIAS AND INVISIBLE OPPRESSION**

Happy Late International Women's Day! Wishing you all the best of luck, energy, motivation, health and money. Apart from those, I wish for all of us to have a voice of opinion and for the world to be an inclusive place.



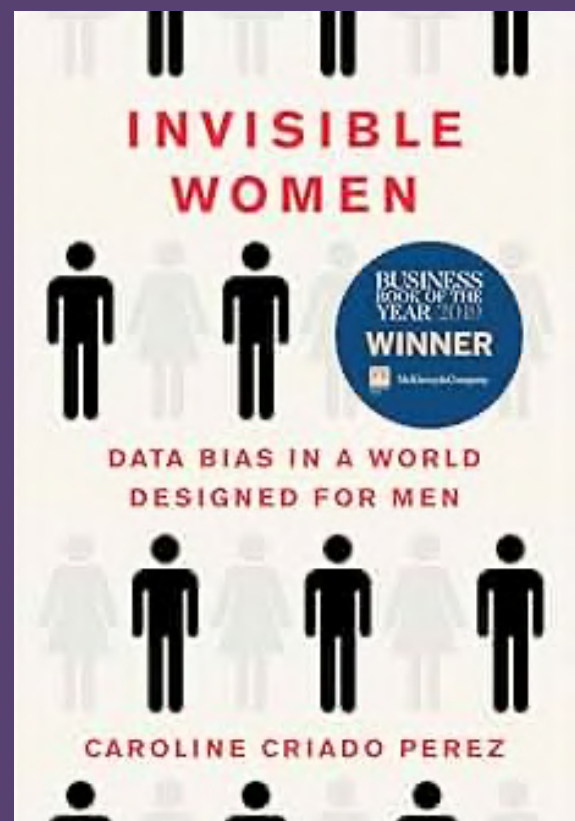
However, in current times the inclusivity has been insufficient. Inclusivity has been denied and continues through ignorance, which results in gender bias.

## **GENDER BIAS**

is an issue of data not being collected from the female share of the population properly. It affects the construction of spaces, the modeling of goods and services, and overall the state of our surroundings. Not only does it restrict women but it also forces them to adapt to unreasonable conditions.

Caroline Criado Pérez in her book **“Invisible Women: Data Bias in a World Designed for Men”** discusses this term in more detail, thoroughly considering the statistical analysis.

Relying on the conclusion she made in her book can be an eye-opening experience for some and ordinary knowledge for others. However, there's great importance in addressing the current existing problems and the book was a great tool in doing so.



# MISDIAGNOSIS AND MALE CRITERION

---

The healthcare system, is seemingly serious, with its powerful scientists and breakthroughs, yet fails to diagnose women in most cases. The problem is in the fact that the test samples and the patient are automatically chosen to be a person born male.

It is no secret that the body structures of males and females are completely different. However, for some reason, all of the attention goes to modeling the criteria and investigating male health. Dr. Cara Tannenbaum giving her interview with CBC, noted that there are especially high mortality rates among women due to cardiovascular diseases.

Females are excluded from drug development almost at all times, making the drug to be adapted to the male standards of the organism and causing possible toxicity for female users.





# MISDIAGNOSIS AND MALE CRITERION

---

This happens not only for adult people but for children, too. According to the Drake Institute of Neurophysical Medicine, boys are diagnosed with autism 4 times more often than girls. At the same time, studies show that girls are not less likely to have autism.

The statistics above subtly prove that girls are often cast out during the diagnosis because they do not fit the criteria created based on signs present in boys. The point is in the fact that girls are naturally better at hiding (masking) their symptoms, as they're taught to do so from the very childhood.

*“Do not speak loud, do not flap your hands like that - it's not ladylike, do not this, do not that”.*

The issue leads to girls growing up without a proper diagnosis and accommodation and being forced to conform to standards that are not comfortable for them.

If you're continuously denied the help you should be receiving you will feel at a loss.

What sort of stability is talked about in the world when women can't get the diagnosis to understand themselves without experiencing social stigma?



# WOMEN ARE NOT SMALL MEN: SAFETY IN CONSTRUCTION

---

After discussing the medical field, there are no doubt suspicions about inclusivity in other fields. Not only the enormous fields but the littlest details in everyday life might seem threatening to some extent.

Research conducted by experts from the University of Virginia focused on 22,854 front-end collisions that happened in the U.S. within 17 years. They found out that women who used seat belts were more likely to be injured than men (who used the same belts).



The research also explains the reasons behind it: dummies that are used in testing seat belts and other accommodations in the car are constructed based on the physical attributes of men. At the same time, mechanical engineers admit that some of the dummies are modeled on the physique of men who worked in the military.

In some occasions, when the “female” version of the dummy is used for testing it’s not a separate and new dummy, but rather a smaller version of the previous male dummies.





# WORKSPACE AND CYCLE

Have you wondered why work starts at 8 am and ends at 6 pm, why the average room temperature in the office is controlled at a cooler level, and workplaces, number of hours of work, and optimal room temperature are all built by men, for men.

The man cycle is typically 24 hours: a full day. The beginning of the day is deemed the most productive and fulfilling since there's an overflow of energy and the start of a new cycle. Thus, the work starts at 8 am and ends at 6 pm, or earlier, as the energy gets relatively used up.

A female cycle lasts 28 days, divided into 4 distinct periods each requiring specific conditions. The rise and the fall of hormones take place within a month and there's no everyday cyclical change in energy levels as in men.

That's the actual reason why women get called "unable to do the simple job properly" when they fail to adapt. Male standards of working, constructing the surroundings, and using energy are set as a standard for all people.

We blame women for not doing jobs, acting, and living like men. The social distinction between the roles of women and men in every community and space is so obvious, yet there's no difference in the rules we must obey and the way we must live.



# WHAT ABOUT OUR COUNTRY?

---



We live in a world that men mainly design. Men are in ruling positions, thus they have the power to make decisions and act them out. In 2022, the share of female members in the Mazhilis was only 26.9%. (Agency for Strategic planning and reforms of the Republic of Kazakhstan Bureau of National Statistics, 2022)

Critically thinking, a male share of the governmental representatives (i.e.: the majority) cannot think of the needs of women. The big problem here lies in the fact that this number of women in Mazhilis can't do much in decision-making, thus the needs of the female population of Kazakhstan are not properly addressed.

I've always wondered, how come we don't have strict sentences for domestic violence or any crime committed against women. One of the many contributing factors is ignorance and the lack in the number of women allowed in policy-making, which can potentially change the situation. Not many people question such a small share of women in Mazhilis, because it seems ordinary and traditional, making it **"invisible"**.

---

Dariya NAZARBKOVA  
IBeasy staff writer

Saniya MUKHAMEDZHANKYZY  
IBeasy designer

